



## Success with Run Germantown!

On September 12, 2015 we held our first Run Germantown 5K race and 3K fun run on Germantown Ave with our co-host organization URDC. Thanks to more than 60 participants and the generosity of our 10 sponsors, Run Germantown raised awareness of our work in the community to alleviate poverty and helped to raise funds for our programs. Platinum level sponsors for Run Germantown were: Germantown Special Services District (GSSD), National Penn Bank and Germantown Friends School. To learn more about the sponsors of the run and to see pictures of the day visit: [RunGermantown.com](http://RunGermantown.com)

We are already busy planning for next year's Run Germantown - and hope to see you there.

## What Poverty Taught Me

The What Poverty Taught Me project is back this fall as part of our Service Learning Program with Chestnut Hill College (CHC). Students in the upper level Heart of the City class which studies poverty through social analysis and a theological perspective are working with our organization for the fall semester to get an up close look at poverty. Students are conducting interviews and gathering data using our interactive social media platforms to create a video exploring poverty from different points of view. For more information on the project or to find out how you can get involved, visit: [What Poverty Taught Me](#)

To watch one of the mini videos that was created from an email we received for the project visit: [WPTM - Video 001](#) on our YouTube channel.

## Give a Little to Make a BIG Impact

On October 1, we launched a new donor initiative called Ten for \$10 with the goal of getting 100 new donors by November 30, 2015 to give \$10 each month for ten months to support our rapidly growing programs. For more information or to sign-up visit: [Ten for \\$10](#)

### 2015 Personal Finance & Education Survey

We're doing a survey to capture the banking habits and financial knowledge of low-income adult Philadelphians and to better understand their attitudes toward higher education. Thank you to our intern, Pu Jiang from the University of Pennsylvania's Non-profit Practicum for her research and community outreach work. And a special thank you to Erin Bronchetti, Assistant Professor of Economics at Swarthmore College and the University of Penn, Wharton College for her assistance with developing the survey questions. Take the survey [here](#)

### RISE Programs

- High school Juniors and Seniors can sign up now for our next [SAT Prep class](#) beginning in January 2016. Check the [calendar](#) for dates of other classes and programs.
- \*Students ages 13-18 can sign up to work with a mentor throughout the academic school year. For more info on the RISE Mentoring program visit: [RISE](#)
- Don't forget to follow our [TOLF Student tumblr](#) blog to get

# TOLF Dispatch

THE ONE LESS FOUNDATION

Ending poverty. One at a time

Fall 2015

Volume II, Issue IV



updates on scholarship and grant opportunities throughout the year.

## Life Coaching and Financial Literacy & Capability for Adults

- Our Life Coaching program has a new name! PATH Life Coaching provides personal assistance, training and hope to adults in our communities. Get more information on [PATH](#)
- The Financial Literacy & Capability program also has a new signifying the outcomes that the program helps participants reach. MoneyWISE is the building blocks to financial wealth, independence, stability and empowerment. Learn more about [MoneyWISE](#)

## Welcome!

\*We'd like to welcome UrbanSeeds, a 501(c)(3) organization that we are supporting with our programs this year. Get to know UrbanSeeds and join some of the workshops and classes we are leading for them in the West Philadelphia and suburban neighborhoods.

\*We've added Sheridan Elementary School in the Kensington neighborhood of Philadelphia to our list of schools receiving our in-school programs - and have added other support programs for parents in the surrounding community. See a full list of the schools and organizations that our programs support: [Who We Support](#)

## Grassroot Stories

Dear One Less Foundation,

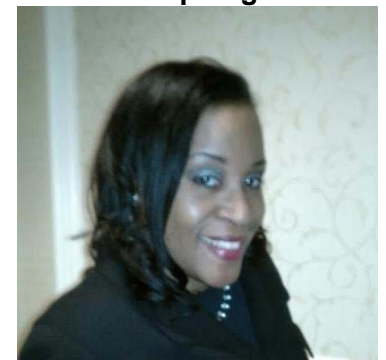
Thank you so much, I really appreciate the EBMS Family scholarship. It has helped me for my first semester of higher education. Because of the support from your organization, it gave me more motivation to get good grades and work hard since so many people believe in me. I am so far enjoying my college experience. I'm excited to get into my intended major of psychology next semester. I also plan to continue to earn good grades and be successful in college. I would not be able to make it this far without not only your financial support but with the advice that has been so helpful transferring from high school to college. Thank you so much for everything your organization has done for me. I can only try to explain how much it means to my family and I to have your support. I look forward to hearing from you soon.

K. Lewis  
2014 Scholarship Winner

## Upcoming Event: Dine to Donate

Join us on Tuesday, December 1 to celebrate Giving Tuesday. This year our organization has partnered with a number of area restaurants, who are generously donating 10% of their revenue on this day to our organization. For more info and to see a list of participating restaurants for Dine to Donate and to support our organization visit: [Dine to Donate](#)

## Volunteer Spotlight





**terry\***  
RESTAURANT

# DINE TO DONATE

JOIN US IN

## Giving Back

**TUESDAY, DECEMBER 1 2015**

**THANK YOU FOR GIVING BACK WITH US**

10% of all Proceeds will be donated to The One Less Foundation

**THREE MORE WAYS TO MAKE A DIFFERENCE**

**SERVER**  
Ask your server about the donation box

**WEBSITE**  
TheOneLessFoundation.org

**CONNECT WITH US**  
Facebook/TheOneLessFoundation

The One Less Foundation provides financial education and personal mentoring to individuals and families in under-served communities building pathways for individuals out of poverty.

**ONE**  
THE ONE LESS FOUNDATION

La'Quita G.

By day La'Quita works as an Assistant Director in Global HR at Merck and has been a volunteer with The One Less Foundation since 2013, she most recently led one of the MoneyWISE Financial Literacy & Capability programs for adults that ended in September. When asked what her strongest belief about our mission or the program she volunteers with is, she said "I strongly believe in the Founder's mission to bridge the gap between those residing in poverty and the rest of society, through financial education and teaching about the opportunities that life has for each of us. It is a fact, "When you know better, you do better."

Read more about La'Quita and her volunteering here: [Volunteer Spotlight](#)

### Volunteer Orientation & Training

- Our next orientation and training sessions are coming up soon. [Check our calendar for details](#)

Come and learn how you can make a difference!

### Community Events & Workshops

Remember to check our community calendar for events and workshops that are open to the community. In the upcoming months we will begin hosting Financial Aid workshops for high school seniors and parents. Workshops may be held at different locations with our partners and schools and other organizations we support, so be sure to find the location closest to you, [CALENDAR](#)

\*\*\*\*\*

There are many ways to support the work our organization does, and we are grateful for your

## Advocacy update: Affordability of Auto Insurance in Low-Income Communities

In September 2015, we joined with 49 other organizations from across the U.S. in submitting a request that the Federal Insurance Office (FIO) establish affordability standards for automobile insurance for low and moderate-income Americans who need and rely on the use of private automobiles to get to employment and often higher paying jobs.

To read more about this issue and for more information about our advocacy work, please visit our website: [Advocacy and Research](#)

## DONOR LOVE

Another addition to our Donor Love campaign to thank our donors for their generous contributions. Read about our wonderful donors and their 'Why I Give' stories: [Donor Love Stories](#)

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support!

**DONATE**

**VOLUNTEER**

## WHY I GIVE

I do make a difference

The work that I have seen TOLF do with their adult life coaching program is simply amazing. The time they spend on developing personal goals with each person and then teaching them how those goals should tie into the effort they put into finding a job, or getting a better job is something not seen in too many other programs. The care that the volunteers and staff have for each person they encounter is incredible. I'm proud to donate to an organization doing such great work at the grassroots level.

Valerie J. (Pennsylvania)

## TOLF in the news...

In case you missed some of the articles about us in the media:

['Inaugural Run Germantown a Great Success'](#) ~ Philadelphia Tribune

['Health Partners Foundation Shines Light...'](#) ~ Health Partners Plan

['Germantown Group Marks Financial Literacy...'](#) ~ FinancialCorp.com (via Philadelphia Tribune)

['Homeless as a child...'](#) ~ Newsworks

## CONNECT WITH US

(Students)



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